

Latino Leadership Council Client Impact Stories – MENTAL HEALTH

2025



Jesus

Jesus came to the Latino Leadership Council (LLC) seeking support in his journey to heal from deep rooted childhood trauma. Like many in our community, he carried emotional burdens that impacted his daily life and personal growth.

With the guidance of his promotor, Jaime, and the support of the Mis Cuates men's group, Jesus found a safe space to open up, learn, and rebuild. Through therapy and consistent encouragement, he developed healthy coping skills and tools to break cycles of self-sabotage.

We're incredibly proud of Jesus and honored to walk alongside him in his transformation. His story is a powerful reminder of the strength within our community and the hope that grows when culturally grounded support is within reach.

"The LLC has helped me with services to heal from my childhood trauma. My Promotor Jaime was supportive throughout the whole process. I learned many skills in therapy and attending Mis Cuates. I am able to build up my life without self-sabotaging."

June 2025



Anna

Anna came to the Latino Leadership Council (LLC) at a pivotal moment in her life. She and her children had experienced years of trauma due to domestic violence. Like many survivors, Anna felt isolated and uncertain of where to turn. Her fear of retaliation and the possibility of homelessness kept her from seeking help.

That changed when staff at her daughter's school identified signs of emotional distress and referred her to LLC. With strength and determination, Anna made the courageous decision to reach out for support, a decision that marked the beginning of her healing journey.

Upon connecting with LLC, Anna quickly enrolled in our group support services and the Parent Project program. Through these culturally responsive and trauma-informed resources, she received emotional support, legal guidance, and practical tools that empowered her to take decisive action. With the assistance of her Promotor and LLC's dedicated staff, Anna secured a restraining order, and began the legal process to protect her children through custody

proceedings. Anna's story is a reminder of the profound impact that accessible, culturally grounded support can have in transforming lives. We are honored to walk alongside her and are inspired by her continued resilience and growth.

"LLC gave me my self-worth and confidence back," Anna shared. "That's when I truly felt my life begin to change. My children and I now live in a safe home, free from fear, and I continue to be actively involved in LLC's programs. I highly recommend their services to anyone experiencing domestic violence and unsure of where to turn. They made all the difference in my life and my family's."

July 2025